

# North Woods

## Nursing & Rehabilitation Center



*Family* serving families  
with clinical excellence and  
compassionate care.

At North Woods, our team of caregivers works together to provide our residents with the ability to reach their highest level of physical and social well-being. We are dedicated to providing a caring home for supportive living with compassion toward those who depend on us to meet their needs.

That is Our Purpose ... and Our *Promise.*

### Short-Term *Rehabilitation*

Our specialty-trained and certified team of therapists helps residents restore their previous physical, occupational, verbal and cognitive levels of activity, so they can return home as soon as possible.

#### Physical Therapy

- ▶ Increase strength
- ▶ Manage pain
- ▶ Improve balance and endurance
- ▶ Learn safe lifting and movement strategies
- ▶ Establish exercise programs

#### Occupational Therapy

- ▶ Learn how to use adaptive techniques or equipment to overcome physical disabilities
- ▶ Reduce the effects of arthritis and promote optimal joint movement in arms and hands
- ▶ Learn strengthening and coordination exercises
- ▶ Increase function through individualized post-stroke rehabilitation

#### Speech Therapy

- ▶ Learn listening strategies
- ▶ Understand the muscles used in swallowing
- ▶ Learn ways to communicate when experiencing word-finding problems
- ▶ Identify an appropriate diet for those with swallowing difficulties

*Passionate People.* Compassionate Care.

# North Woods Nursing & Rehabilitation Center



## Extended *Care*

Our skilled and compassionate physician-led team is focused on the patient's unique needs, helping them to maintain independence and enjoy a comfortable quality of life in a safe, home-like environment.

## Comfortable and Friendly Home-Away-From-Home Environment

- ▶ Secure, home-like setting with air conditioning
- ▶ Beautifully landscaped grounds and courtyards
- ▶ Spacious dining rooms with home-cooked meals
- ▶ Private and semi-private rooms
- ▶ Resident/family visiting rooms

## Enriching Activities for All Interests

Our recreational/social therapy professionals engage residents in daily group activities, community outings, and one-on-one interaction to help residents acquire and/or maintain the skills, knowledge and behaviors that will allow them to function more independently and enjoy more leisure activities.

- ▶ Improve or restore motor, social and cognitive functioning
- ▶ Improve psychosocial health and well-being
- ▶ Build confidence, develop coping skills, and integrate past interests back into their lives

## Help and *Support*

Count on our team to guide you through the process and keep you informed.

## Additional Services

- ▶ Medicare and Medicaid Certified Assistance
- ▶ 24-Hour Licensed Nursing Care
- ▶ Certified Nursing Assistants
- ▶ Podiatry, Vision, Dental and Audiology Services
- ▶ Pharmacy, Lab and X-ray Services
- ▶ Hospice Care
- ▶ Dietary Services
- ▶ Pet Therapy

## Amenities

- ▶ Recreation Areas and Activities
- ▶ Religious Services
- ▶ Barber/Beauty Salon
- ▶ Laundry Services
- ▶ Cable TV and Wi-Fi Available

## Finance and Admissions

We understand that covering the cost of extended care may be a concern. Our highly knowledgeable business staff will assist you in evaluating your financial options – such as Medicare, Medicaid, private insurance and many others – so you can make an informed decision with confidence.



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The Peplinski Group, Inc. operates skilled nursing facilities throughout Michigan. With over 30 years in the long-term care profession, we feel confident that you will notice an enhanced level of quality and service second to none.

**To discuss your needs or learn more, give us a call, or stop in anytime for a tour and consultation with one of our specialists.**